

LEVEL III

The Level III member is one whose high levels of skill and knowledge allow him or her to make an uncompromised contribution to the customer, the Association, and the ski industry. A Level III member has the ability to assess all variables with regard to student personality traits, goals, abilities, needs, the learning environment, conditions of the day, available terrain, equipment, etc. and to synthesize these parts into a viable lesson plan. A Level III instructor can make adjustments to lesson goals and is able to appropriately adjust or modify lesson content as required by any situation.

Category A: Skiing

Level III teachers should have the skills to make short, medium, and long radius turns with little or no skidding. The skis describe two well-defined arcs from before the fall line to turn completion. Terrain and snow conditions should have a minimal effect on skill application, movement accuracy, and turn outcome. Turn dynamics should represent the terrain, speed, and snow conditions common to advanced zone skiing. A Level III teacher has the ability to maintain dynamics and movement accuracy through most conditions, on any terrain on most mountains.

The instructor is able to...

1. General Characteristics

- a. Ski dynamic-telemark and parallel turns on any terrain on most mountains
- b. Reduce, maintain and generate speed without interrupting overall flow and rhythm
 - Consciously affect the movements of the body with pole movements to complement turn outcome
 - Actively and accurately move the center of mass from turn to turn with little interruption of rhythm and flow
 - Applies appropriate poling movements to specific turn shapes/tactics
- c. Ski a variety of turn sizes and shapes and apply them to different mountain situations
- d. Demonstrate different types of skill blends and movement patterns in exercises, tasks, and turns upon request, and as applied in different mountain situations
- e. Maintain control over turn shape and speed while skiing most conditions on any terrain on most mountains
Demonstrate the *visual cues to effective telemark skiing** relative to edging, rotary and pressure control movements in demonstrations and tasks common to Advanced zone skiers

**Visual Cues Effective Telemark Skiing*, from the *Nordic Technical Manual* do not address alpine stances. For these please refer to the *Visual Cues to Effective and Ineffective Skiing* in the *Alpine Technical Manual*, (PSIA, 2002).

2. Matrix for Telemark Skiing Standards, p. 3.

Describes specific skills at Level III

Category B: Teaching

Level III teachers must demonstrate an in depth understanding of basic learning theory, communication and people skills, and human development issues. Display a mastery of human development issues for all skiing populations (i.e., age, gender). Application of these concepts must produce a clear and concise delivery of information, and an uncomplicated learning environment through advanced zone lessons.

Please see the **Matrix for Telemark Certification Teaching Standards, p. 4-5.**

Describes specific skills at Level III

Category C: Professional Knowledge

Professional Knowledge for Level III teachers reflects a strong accurate understanding of skiing terminology and concepts beyond the scope of ski teaching manuals. Related industry sources, ski coaching, and familiarity with various peripheral resources promote well-rounded teaching with the capacity to create exceptional experiences for most students, in most conditions on any terrain at most mountains.

Please see the **Matrix for Telemark Certification Professional Knowledge Standards, p. 6-7.**

Describes specific skills at Level III