

CERTIFIED LEVEL II

The Level II certified member is one who has demonstrated commitment and dedication to the ski teaching profession and to his/her own personal development. Level II members are considered qualified to provide valuable instruction to a majority of ski school guests. A Level II certified instructor demonstrates the ability to relate movements and skill areas to movement outcomes and to apply that knowledge to teaching situations common to Intermediate zone skiers. Level II certified instructors have a global understanding of the ski industry and are able to classify their responsibilities as a part of the resort team.

Category A: Skiing

Level II certified teachers have the skills to stride and skate on blue and groomed black terrain with moderate efficiency. Skis grip (classic) or edge (skate) with minimal slip, effecting a timely weight transfer and lengthened glide. Skill application and accuracy may vary with terrain and snow conditions. Demonstrations should illustrate accurate movement patterns and reflect skiing dynamics relative to the speeds and tempos common to Intermediate zone skiers.

1. Matrix for Nordic Certification Skiing Standards, p. 3.

Describes specific skills at Level II

Category B: Teaching

Level II certified teachers demonstrate an understanding of basic learning theory, communication and people skills, and human development. Practical knowledge of these concepts is required for students and teaching situations through Intermediate zone lessons. Level II certified teachers demonstrate the ability to adapt the lesson environment to meet a variety of options for specific audiences (i.e., age, gender).

Please see the **Matrix for Nordic Track Certification Teaching Standards, p. 4-5.**

Describes specific skills at Level II

Category C: Professional Knowledge

Professional Knowledge for Level II certified teachers reflects a basic understanding of general terms and concepts applicable through the Intermediate zone. Application of teaching concepts in actual lesson situations should reveal an ability to interpret correctly student behavior and performance, and to deliver technical content through relevant activities and simple language.

Please see the **Matrix for Nordic Track Certification Professional Knowledge Standards, p. 6-7.**

Describes specific skills at Level II